

From Survive to Thrive - How a small shift in focus can have dramatic impact on the quality of your work life – Dr. Kristen Bentley

During this interactive keynote, Kristen will share the secret she and other OD's wish they knew in the first 5 years of their career. This secret may seem like a small shift in focus and yet this significant shift is proven to have dramatic impact on the quality of your work and life. Based on the most current trends and revolutionary approaches, that businesses use for Leadership Development & Coaching, expect to leave with new insights and awareness that will have you understand '*What it means for you to Thrive*' and move beyond survive in the Profession of Optometry.

Research-based Treatment of Amblyopia – Dr. Angela Peddle

Learning Objectives:

- Definitions and Classification of Amblyopia
- Amblyopia Evaluation
- Review of Neuroscience Research
- Review of Clinical Research
- New Treatment Options based on Neuroplasticity

Getting out of Debt and on your Feet – Daniel Mendonca, Scotiabank

The course will guide young ODs through the crucial early years of their career from graduation through to owning their first practice. Topics will include, paying off student debt, establishing a savings regime, accepting Associate positions, financing your first practice, buying vs starting up a practice, writing a business plan, expanding your practice with an Associate.

Optometrists Responsibilities for Actions of Others – Lisa Spiegel, Miller Thompson

- Scope of practice and controlled/authorized acts
- Delegation
- Shared care arrangements
- Conflicts of interest

Best Practices Panel – Dr. Vishakha Thakrar

Our panelists will share concrete and indispensable tricks of the trade you can act on as soon as your return to your practice. Take advantage of this interactive session to ask your questions and get the advice you need.

Advancements in Cataract Surgery - Dr. Sherif El-Defrawy

This lecture will review new technologies and intraocular lenses used in phacoemulsification cataract surgery examining the possible benefits and issues to the patient. The positives and negatives of these new devices and procedures will be discussed using a pragmatic approach. Post-operative complications will also be discussed in context of time after surgery."

Position of Wear and Compensated Rxs - Dr. Anne Marie Lahr, Hoya Guest Speaker

Advancing technology has given us the ability to use free form surfacing, allowing for far greater precision in spectacle lenses. To provide the best possible vision for our patients, we also need to employ technology in the measurement of the various lens and frame positions relative to the patient's eyes and face. These values, called Position of Wear measurements, can significantly affect the visual performance of the lens. We'll review the various measurements, their optical effects and measurement thereof. We'll also discuss how the prescription is compensated for these measurements and verification of the Rx.