



Ontario Association of Optometrists
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**Thrive & Survive Seminar:
Creating Success in Today's Practice
For Young ODs**

**May 30, 2016
Kingbridge Conference Centre & Institute
King City, Toronto, ON**

08:30 am – 9:00 am	Registration and Networking Continental Breakfast sponsored by Scotiabank
09:00 am – 9:10 am	Welcome by OAO and HOYA
09:10 am – 10:00 am	Daniel Mendonca, Scotiabank – <i>Getting out of Debt and on your Feet</i>
10:10 am – 11:00 am	Dr. Sherif El-Defrawy - <i>Advancements in Cataract Surgery</i>
11:10 am – 12:00 pm	Dr. Angela Peddle - <i>Research-based Treatment of Amblyopia</i>
12:00 pm – 01:00 pm	Buffet Lunch
01:00 pm – 01:50 pm	Dr. Anne Marie Lahr – <i>Position of Wear & Compensated Rxs</i>
02:00 pm – 02:50 pm	Lisa Spiegel, Miller Thompson - <i>Optometrists Responsibilities for Actions of Others</i>
02:50 pm – 3:00 pm	Refreshment Break
03:10 pm – 04:00 pm	Dr. Vishakha Thakrar - <i>Best Practices Panel: Drs. Tina Goodhew, Stelios Nikolakakis, Ritesh Patel, Lareina Yeung</i>
04:10 pm – 05:00 pm	Dr. Kirsten Bentley - <i>From Survive to Thrive: How a small shift in focus can have a dramatic impact on the quality of your work life</i>